

Sharing the Trail

Off-street Biking

Keep to the right.
Yield to pedestrians and slower moving traffic except when passing. Slow down when there are lots of users on the trail.

Use your path.
Don't bike on designated walking or running paths.

Be careful at crossings.
Look both ways. Cyclists yield to through traffic at intersections. Remember, pedestrians have the right of way. Pedestrians exercise caution. Be aware that cyclists and skaters require lots of room to stop.

Advise others when passing.
Sound your bell or horn or call out when approaching pedestrians or slower cyclists. Then pass safely on the left.

"Passing on your left."

A ANCHORAGE

Legend

- Construction
- New Bicycle Route
- School
- Bike Shop
- Bike Friendly On-Street Route
- Unpaved Route
- Pathway (Off-Street)
- Bicycle Fixt Station
- Visitor Info
- Area with Increased Bear Activity/Encounters



Sharing the Road

Biking on Streets

Obey all traffic regulations. Riding predictably and following the law are the keys to safe bicycling. Knowing and following the rules help all road users properly anticipate and react to each other.

Ride in a straight line. Avoid weaving between parked cars. Ride in a straight line at least 4 feet away from parked cars to avoid the Door Zone (see below).

Never ride against traffic. Riding against traffic is dangerous and illegal. Motorists and pedestrians are not looking for cyclists riding the wrong way down a street.

Don't ride on the sidewalks downtown. Anchorage law prohibits riding sidewalks in the Central Business District. Remember: Wheels yield to heels.

When necessary, use entire travel lane. Move toward the center when the lane is too narrow for motorists to pass safely or when you're moving at the same speed as traffic.

Watch for the 'Right Hook'! Where drivers are turning right but looking left!

ALWAYS make eye-contact & yield if you're unsure or can't.

To cross an intersection, use the lane farthest to the right that points to where you are going. Follow lane markings to cross an intersection. If you can't change lanes to turn left, ride across the street to the other side and align your bike with traffic.

The Door Zone

Tips to Avoid Injuries

The Door Zone is the 4-foot area along the side of a parked car where an opening door can hit and seriously injure a cyclist.

Look inside each parked car before you pass it. If you're unable to see someone inside or you spot someone inside, move outside the Door Zone or slow down and pass carefully.

Watch behind you. Keep track of traffic behind you, so you'll know whether you have enough room if you must swerve suddenly out of the Door Zone. A mirror helps you see traffic behind you as you pedal forward.

When riding in a bike lane, ride on the left side of the lane—at least 4 feet from parked cars.



Types of Bikeways

Bike Lanes

- 4' to 6' wide section on each side of the street reserved for bicycle use.
- Usually established on streets with lots of traffic.
- Special pavement markings and signs identify the lanes.

Marked Shared Lanes

- Cars and bicycles share the street.
- Usually established on streets with lots of traffic that are too narrow for bike lanes.
- Special pavement markings direct bicyclists to ride outside the "Door Zone" (see "Door Zone" panel). Markings and signs also encourage cars to share the lane with bicyclists.

Bike Routes

- Cars and bicycles share the lane.
- Many bike routes have signs showing the direction and distance to destinations (e.g. the Loop, the lakefront).
- Bike routes are usually on streets that aren't wide enough for bike lanes but are good streets for biking.

Multi-use Trails

- Paved paths separated from the road for bicyclists, walkers, runners, and in-line skaters.

Bike-to-Bus

All People Mover buses can hold three bikes. Bicycle racks are available on a first come first served basis.

- Always approach the bike rack from the curb side.
- Be ready before the bus arrives
- Remove packs, accessories and water bottles from your bike before loading your bike. (If you're concerned about the safety of your bicycle, lock your bicycle's front wheel to your frame before the bus arrives.)

- Alert the bus operator. Lower the rack by squeezing the center handle.
- Load bicycle and secure front tire with support arm. Board the bus and pay fare (no cost for the bicycle).
- When exiting, alert the bus operator that you'll be removing your bicycle. Unload your bicycle. If no other bicycles remain, stow the rack against the bus in the upright position.

PeopleMover@muni.org

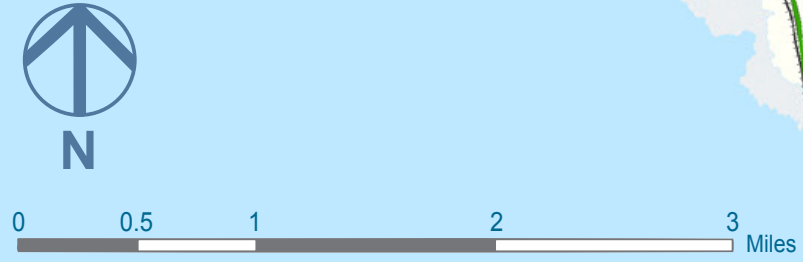
Bicycle Fixt Stations

All the tools necessary to perform basic bike repairs and maintenance.

- Change flat tires
- Adjust brakes and derailleurs
- Air pump

Bike Shops (with corresponding map numbers)

- 1** Pablo's Bicycle Rental (907) 272-1600 501 L Street
- 2** Lifetime Adventures (907) 232-9219 440 L Street
- 3** Downtown Bicycle Rental (907) 279-3334 333 W 4th Avenue #206
- 4** Speedway Cycles (907) 222-1967 1231 W Northern Lights Blvd
- 5** Play It Again Sports (907) 278-7529 2636 Spenard Road
- 6** REI (907) 272-4565 1200 W Northern Lights Blvd.
- 7** The Bicycle Shop (907) 272-5219 1035 W Northern Lights Blvd.
- 8** Off the Chain (907) 258-6822 1406 W 33rd Avenue
- 9** Trek Store of Anchorage (907) 743-6000 530 E. Benson Blvd. Suite 9C
- 10** Second Cycles (907) 334-9266 6020 Doncaster Drive
- 11** RTR Cycles (907) 563-2054 3110 E 42nd Avenue
- 12** Webike Bicycle Repair (907) 245-3669 8160 Fairwood Circle
- 13** The Bicycle Shop (907) 222-9953 1801 W Dimond Blvd.
- 14** Play It Again Sports (907) 272-7529 8840 Old Seward Hwy.
- 15** Chain Reaction Cycles (907) 336-0383 12201 Industry Way, Unit 2
- 16** Paramount Cycles (907) 336-2453 1320 Huffman Park Drive
- 17** Arctic Cycles (October - March) (907) 351-8545 1941 Hamilton Drive
- 18** Alaska Velo Sports (907) 696-9056 11000 Old Glenn Hwy, Eagle River
- 19** Powder Hound Ski Shop (907) 783-2525 140 Olympic Mountain Loop Girdwood
- 20** Daylodge Mountain Bike Hub (907) 754-2283 Daylodge Girdwood
- 21** Hotel Alyeska (907) 754-1111 1000 Arlberg Dr. Girdwood



The Municipality of Anchorage publishes this map to help bicyclists navigate the streets and trails of Anchorage, Eagle River and Girdwood. Be aware that potential hazards and obstructions may exist on the routes shown, and the Municipality of Anchorage in no way warrants the safety or fitness of the suggested routes.

Look for roads with bicycle lanes, shoulders or paths or less busy streets. Evaluate routes based on your individual bicycling ability and experience.

Improve your biking skills, take Traffic Safety 101. Contact: bikes@muni.org

Anchorage BIKE to WORK Day

5.18.2016

www.muni.org/biketowork
Download this map to your phone!