

About the Arctic FASD RTC

Funded by the Centers for Disease Control and Prevention, the Arctic Fetal Alcohol Spectrum Disorders Regional Training Center is located at the Center for Behavioral Health Research and Services at the University of Alaska Anchorage. The Arctic FASD RTC was developed to increase FASD practice competence among medical and allied healthcare practitioners and students through developing and disseminating rurally-relevant and culturally-competent educational curricula, materials, and campaigns that will lead to greater awareness, increased knowledge, and changed practice behaviors.

Contact Information

Arctic FASD RTC staff can be reached at (907) 786-6381 or via email at arcticfasdrtc@uaa.alaska.edu.

Please visit our website for more information about FASD, our work in the community, and upcoming trainings and workshops at:

www.uaa.alaska.edu/arcticfasdrtc



UAA Center for Behavioral Health Research & Services
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UAA is an AA/EO employer and educational institution.



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UAA UNIVERSITY of ALASKA ANCHORAGE

Arctic FASD
Regional Training Center

FASD TRAINING RESOURCES

You can now access new resources and materials for fetal alcohol spectrum disorders education and training for your agency.



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Who are we?

Fetal alcohol spectrum disorders (FASDs) are permanent birth defects caused by the consumption of alcohol during pregnancy. The term FASD encompasses the full spectrum of disabilities related to prenatal alcohol exposure.

The Arctic FASD Regional Training Center (Arctic FASD RTC) offers education and training services to health and allied health care providers in the Alaska region. We provide resources to enhance understanding of prevention, intervention, and treatment for FASD, and how to best serve individuals who have been affected by prenatal alcohol consumption.

Our curriculum is based on the *FASD Competency-Based Curriculum Development Guide* produced by the Centers for Disease Control and Prevention (CDC). It has been tailored to the specific needs of our culturally diverse region and its rural communities.

Arctic FASD RTC staff are certified State of Alaska FASD101 and FASD 201 trainers.



What we can do for you?

The Arctic FASD RTC can assist you in educating your staff on FASDs through in-house lectures and presentations. Our training curriculum is flexible and can be easily adapted to your needs, whether it is a short, one-hour presentation or a half-day workshop. We have a large faculty with hands-on experience, who can tailor materials to your needs. Our training services include, but are not limited to:

- > In-services, workshops, conferences
- > Access to websites about FASD
- > Overview and tailored content seminars
- > Audiovisual materials (DVDs, videos)
- > Continuing education credit opportunities

What do we cover?

The CDC's seven FASD core competencies include:

- > Biomedical basis of FASD
- > Screening and brief interventions for women
- > Models of addiction
- > Screening, diagnosis, and assessment of individuals with FASD
- > Treatment across the lifespan
- > Ethical, legal, and policy issues related to FASD



How do you request training?

Please use the form below to request training, or go to our website at:

www.uaa.alaska.edu/arcticfasdrtc/training/request.cfm
or call 786.6381

Name

Address

Phone

E-mail

Requested Training Services

- I would like to request training or more information. Please call me.
- Please add me to your mailing list to receive ongoing updates about FASD and future training and workshops.

