

About the Arctic FASD RTC

Funded by the Centers for Disease Control and Prevention, the Arctic Fetal Alcohol Spectrum Disorders Regional Training Center is located at the Center for Behavioral Health Research and Services at the University of Alaska Anchorage. The Arctic FASD RTC was developed to increase FASD practice competence among medical and allied healthcare practitioners and students through developing and disseminating rurally-relevant and culturally-competent educational curricula, materials, and campaigns that will lead to greater awareness, increased knowledge, and changed practice behaviors.

Contact Information

Arctic FASD RTC staff can be reached at (907) 786-6381 or via email at arcticfasdrtc@uaa.alaska.edu.

Please visit our website for more information about FASD, our work in the community, and upcoming trainings and workshops at:

www.uaa.alaska.edu/arcticfasdrtc



UAA is an AA/EO employer and educational institution.



Arctic FASD Regional Training Center
Center for Behavioral Health Research & Services
University of Alaska Anchorage
P.O. Box 241626
Anchorage, AK 99524-1626

UAA UNIVERSITY of ALASKA ANCHORAGE

Arctic FASD Regional Training Center

FACULTY RESOURCES

You can now access new
faculty resources and
materials for
fetal alcohol spectrum
disorders
education and training
in the classroom.



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Who are we?

Fetal alcohol spectrum disorders (FASDs) are permanent birth defects caused by the consumption of alcohol during pregnancy. The term FASD encompasses the full spectrum of disabilities related to prenatal alcohol exposure.

The Arctic FASD Regional Training Center (Arctic FASD RTC) offers education and training services to faculty in health and allied health programs in the Alaska region. We provide resources to enhance understanding of prevention, intervention, and treatment for FASD, and how to best serve individuals who have been affected by prenatal alcohol consumption.

Our curriculum is based on the *FASD Competency-Based Curriculum Development Guide* produced by the Centers for Disease Control and Prevention (CDC). It has been tailored to the specific needs of our culturally diverse region and its rural communities.

Arctic FASD RTC staff are certified State of Alaska FASD101 and FASD 201 trainers.



What we can do for you?

The Arctic FASD RTC can assist you in educating your students on FASDs through in-class lectures and presentations as well as providing course content. Our training curriculum is flexible and can be easily adapted to your needs, whether it is a short, one-hour presentation, or a topic that spans several lectures. We have a large faculty with hands-on experience, who can tailor materials to your needs. Our training services include, but are not limited to:

- > In-services, workshops, conferences
- > Access to website about FASD
- > Expert speakers (to come to classes)
- > Overview and tailored content lectures
- > Audiovisual materials (DVDs, videos)
- > Extra credit opportunities
- > Special topic presentations

What do we cover?

The CDC's seven FASD core competencies include:

- > Biomedical basis of FASD
- > Screening and brief interventions for women
- > Models of addiction
- > Screening, diagnosis, and assessment of individuals with FASD
- > Treatment across the lifespan
- > Ethical, legal, and policy issues related to FASD

How do you request training?

Please use the form below to request training, or go to our website at:

www.uaa.alaska.edu/arcticfasdrtc/training/request.cfm
or call 786.6381

Name

Address

Phone

E-mail

Requested Training Services

I would like to request training or more information. Please call me.

Please add me to your mailing list to receive ongoing updates about FASD and future training and workshops.

