

## Barbara Janoah Stillwater

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### Curriculum Vita

#### Education

1996-1997 Post-graduate courses in epidemiology at School of Public Health, University of Washington, Seattle, WA and University of New Mexico, Albuquerque, NM.  
1987-1991 Ph.D. (Social Welfare research) University of Washington, Seattle, WA  
1986-1988 M.S. (Social Welfare research) University of Washington, Seattle, WA  
1981-1985 B.S. (Nursing) University of Alaska, Anchorage, AK  
1977-1981 A.A. (Nursing) University of Alaska, Anchorage, AK  
1969-1970 L.P.N. SF Community College, San Francisco, CA

#### Employment History

2004-Present Coordinator, AK Diabetes Prevention and Control Program, AK Dept. of Public Health, Section of Epidemiology. Manage the statewide diabetes program.  
2000-2004 Consultant and Project Director, Alaska Native Organ Donation Outreach and Education Project; The Hope Heart Institute, Seattle, WA. Developed, implemented, and evaluated an organ donation education program for rural AKN communities and health care providers  
Consultant, Northwest Portland Area Indian Health Board, Portland, OR. Duties included grant writing, survey development, and program evaluation.  
Consultant, National Indian Women's Resource Center, Park Hill OK. Duties included technical assistance, public education, and evaluation.  
Consultant, American Cancer Society, Atlanta, GA. Primary writer of "Circle of Life", a national breast cancer screening and education program for AIAN women.  
Consultant, Alaska Native Tribal Health Consortium, Anchorage, AK. Duties included grant writing and program design.  
1994-2000 Principal Investigator and Program Director, Alaska Native Women's Wellness Program, Southcentral Foundation, Anchorage, AK. PI and Director of women's health research.  
1992-1994 Researcher, Alaska Native Women's Health Project, Aleutian Pribilof Islands Association, Anchorage, AK. Duties included public education and program evaluation.  
1991-1997 Staff nurse in the E.R. at Providence Hospital, Anchorage, AK  
1990-1991 Teacher/therapist for Family Services in Seattle, WA. Developed and taught a parenting skills class for high-risk bi-cultural families.  
1987-1991 On-call critical care nurse for Staffbuilders Nursing Agency, Seattle, WA.  
1987 Research assistant in the Department of Social Work at Harborview Medical Center of the University of Washington, Seattle, WA. Developed an interdisciplinary child abuse prevention training program and taught undergraduate students in the BSW program.  
1986-1991 Staff nurse in the I.C.U. at UW Medical Center, Seattle, WA  
1981-1986 Staff nurse in the I.C.U. at Providence Hospital, Anchorage, AK  
1976-1981 Head nurse at Our Lady of Compassion Health Care Center, Anchorage, AK.  
1975-1976 Home health nurse for Anchorage Home Health Agency, Anchorage, AK.  
1974-1975 Culinary worker in the Delta Junction Pipeline Camp, Delta Junction, AK.  
1971-1974 Staff nurse in the Intensive Care Unit at Children's Hospital, San Francisco, CA

**Research Grants (1994-2000)**

Centers for Disease Control and Prevention National Breast and Cervical Cancer Early Detection Program American Indian/Alaska Native Initiative 1994-1999; total amount awarded: \$2.4 million  
 Alaska Run for Women 1995-1997; 1999-2000; total amount awarded: \$40,000  
 Avon/National Association of Breast Cancer Organizations 1997; total amount awarded: \$100,000  
 Susan G. Komen Breast Cancer Foundation 1997; total amount awarded: \$50,000  
 I.H.S. Indian Women's Health Demonstration Program 1997-2002; total amount awarded: \$400,000  
 NIH National Cancer Institute/Office of Minority Health 1999-2000; total amount awarded: \$50,000  
 Centers for Disease Control and Prevention: National Breast and Cervical Cancer Early Detection Program American Indian/Alaska Native Initiative 1999-2004; total amount awarded: \$3.4 million  
 Centers for Disease Control and Prevention: Wisewoman Cardiovascular Disease Prevention Program 1999-2004; total amount awarded: \$8 million

**Workshops/Presentations**

2006 "Taking Your Place on the Diabetes Team"; AK Pharmacists Association  
 Anchorage AK; Feb 2006  
 2003 "The Alaska Native Project: Organ Donation Outreach"  
 Association of Minority Transplant Agencies; San Antonio, TX; September 2003  
 1999 "Developing Native American Community-Based Programs"  
 National American Indian and Alaska Native Nurses Association  
 Santa Fe, NM; November 1999  
 1998 "Making Cancer Screening Partnerships with the Native Community"  
 NorthCoast Breast Cancer Program; Ukiah and Eureka, CA; February 1998  
 1998 "Community-Based Cancer Prevention and Control Research"  
 Native Women and Cancer Conference; Tucson, AZ; January 1998  
 1997 "Breast Cancer Outreach"; Hawaii Breast Cancer Program;  
 Waianae and Waimanalo Health Centers; Oahu, HI; July 1997  
 1996 "Developing Breast and Cervical Cancer Education Materials for Alaska Native Women"; Tenth  
 International Conference on Circumpolar Health; Anchorage, AK; May 1996  
 1996 "Alaska Native Women's Health"; American College of Obstetrics and Gynecology/IHS  
 Conference; Anchorage, AK; April 1996  
 1995 "Breast and Cervical Cancer Control Among Alaska Native Women"  
 "Developing Cancer Educational Materials for Alaska Native Women"  
 Native American Cancer Conference III; Seattle, WA; June 1995  
 1995 "The Alaska Native Women's Wellness Project"; Breast and Cervical Cancer Early Detection  
 Symposium; Anchorage, AK; March 1995  
 1995 "Jumping on the Information Highway: Cancer Prevention through Education"  
 Women and Wellness VI; Mesa, AZ; February 1995; Portland, OR; April 1995  
 1994 "Early Cancer Detection in Alaska Native Women"; Alaska Health Summit  
 Anchorage, AK; October 1994  
 1993 "Cervical Cancer among Alaska Native Women"; Heartbeat Alaska/Alaska Native Television;  
 Anchorage, AK; June 1993  
 1993 "Prevention of Cervical Cancer in Alaska Native Women"; Cervical Cancer Symposium/Alaska Area  
 Native Health Service; Anchorage, AK; May 1993

**Publications/Educational Materials**

2005 Hall L, Stillwater B, Stolz G, and Utermohle C. The Prevalence of Diabetes among Adult Alaskans, 2002-2004. *State of Alaska Epidemiology Bulletin* 2005: vol 9, #3.  
 2005 Hall L, Stillwater B, and Utermohle C. Diabetes Mortality 1994-2003. *State of Alaska Epidemiology Bulletin* 2005: vol 9, #4.  
 2005 *Alaska Diabetes Strategic Plan*. State of Alaska/ Division of Public Health/Diabetes Program.  
 2003 Roubidoux M., Salmon Kaur J., Griffith K., Stillwater B., Novotny P., and Sloan J. Relationship of Mammographic Parenchymal Patterns to Breast Cancer Risk Factors and Smoking in Alaska Native Women. *Cancer Epidemiol Biomarkers Prev* 2003 12: 1081-1086

**Publications/ Educational Materials** continued

- 2003 Writer "Give Alaska Life", a brochure to increase organ and tissue donation in Alaska
- 2002 Writer of (revised) *Circle of Life*, a national breast cancer screening program for Native American women, sponsored by the American Cancer Society
- 2001 Stillwater, B. Major Health Issues among Female Alaska Natives. Wicazo Sa: A Journal of Native American Studies, Vol.16, No. 1, 113-124.
- 2001 Consultant (primary), "New Traditions of Sharing", a video to promote organ donation awareness among Alaska Natives
- 2000 Consultant (primary) to CDC to develop Alaska Native specific educational materials to improve colorectal cancer screening
- 1999 Stillwater, B. The Alaska Native Women's Wellness Project. Health Care for Women International, Vol. 20, No. 5, 487-492
- 1998 Writer and producer of a PSA to encourage mammography among Alaska Native women.
- 1996 Breast and Cervical Cancer Control Plan for Alaska Native Women
- 1996 Producer of a PSA to encourage breast cancer screening among Alaska Native women.
- 1996 Writer and producer of "Stories of My Sisters: Interviews with Alaska Native Breast Cancer Survivors", a 50-minute video focusing on surviving breast cancer.
- 1997 Writer and producer of "Breast Cancer Screening: A Healthy Habit for Life," an 8-page brochure on breast cancer screening for Alaska Native women
- 1995 Writer and producer of "The Gift of Health: A Woman's Path to Wellness," a 14-minute video focusing on breast cancer screening for Alaska Native women
- 1995 Stillwater, B. et al. Pilot test of a cervical cancer prevention video developed for Alaska Native women. Public Health Reports, Vol. 110, No. 2, 211-214
- 1994 Producer of a PSA related to cervical cancer screening among Alaska Native women.
- 1994 Primary reviewer and writer for "The Pap Test: A Healthy Habit for Life," an 8-page brochure on cervical cancer screening for Alaska Native women
- 1994 Primary reviewer of "Native American Monograph #1: Overview of Cancer among American Indians and Alaska Natives"
- 1993 Writer and producer of "The Birthday Gift: A Woman's Path to Health," a 12-minute video focusing on cervical cancer for Alaska Native women
- 1989 Parenting Skills Training for High-Risk Families: A Review of the Literature (unpublished)
- 1988 Developed a multivariate prediction model for child maltreatment based on data generated from a project with families of conduct-disordered children
- 1987 Secondary data analysis on the relationship between the victim's age, gender, and relationship to the perpetrator and the method of coercion utilized by the perpetrator in child sexual abuse using data from the Sexual Assault Center at Harborview Medical Center
- 1985 Field research on locus of control and women in physically abusive relationships using data from surveys of women at a residential shelter for abused women and in a victim advocacy program for abused women.

**Organization/Committee Membership**

- 2006-Present Affiliate Assistant Professor of Public Health, UAA, School of Public Health
- 2003-Present CITC Native Education Advisory Committee
- 2003-2005 Head Start Policy Council
- 2003-2004 CDC Expert Panel for AIAN Tobacco Cessation
- 2003-2004 Review Panel for JAMA
- 2000-2004 NIH/National Cancer Institute Native American Leadership Initiative Advisory Board
- 1997-1998 U.S. Army Breast Cancer Research Program Integration Panel
- 1997-2000 Alaska Native Health Board Epidemiology Center Advisory Council
- 1996-2000 Review Panel for Susan G. Komen Breast Cancer Foundation
- 1994-Present Alaska Area Native Health Service Institutional Review Board
- 1995-1997 FDA Consumer Affairs Committee
- 1994-2000 Alaska Breast and Cervical Cancer Early Detection Coalition
- 1994-2004 NIH/National Cancer Institute Network for Cancer Control Research among American Indian and Alaska Native Populations.

**Organization/Committee Membership** continued

1994-1997	Review Panel for "Journal of Healthcare for the Poor and Underserved"
1993-1995	NIH/National Center for Nursing Research Task Force on Minority Research
1993	Review Panel for U.S. Dept. of Health and Human Services on grants related to AIAN cancer
1982-1987	American Association of Critical Care Nurses

**Volunteer Experience**

1995-2000	Facilitator of a support group for Alaska Native breast cancer survivors
1994-2000	Traditional Yup'ik Eskimo dancer with the Kicaput Dance Group
1993-2003	Volunteer at Spirit Days, an Alaska Native Cultural Celebration.
1991-2000	Alaska Native Medical Center Auxiliary volunteer
1989-1998	Seattle-King County Disaster Team member responding to national and international disasters by providing emergency medical care
1985-1986	Co-facilitator of a support group for abused women at the Alaska Women's Resource Center
1980-1986	Red Cross nurse for several community health programs in Anchorage, AK

**Honors**

1998	Certificate of Recognition from ANMC for Wellness and Health Fair
1998	Certificate of Recognition from AK Health Education Consortium for health education and health and promotion in Alaska
1996	Employee Achievement Award from Southcentral Foundation
1996	NABCO/Avon National Leadership Award
1996	Public Service Society award for video "Stories of My Sisters"
1995	Women in Communication award for video "Breast Cancer Screening"
1995	Public Service Society award for video "The Gift of Health"
1988	University of Washington Graduate School Scholarship for outstanding academic performance in the doctoral program
1985	Dean's Award for outstanding academics at the University of Alaska
1985	Magna Cum Laude, University of Alaska
1984-1985	National Dean's List and Dean's List, University of Alaska
1984	Critical Care Certification - National Association of Critical Care Nurses
1981	Magna Cum Laude, University of Alaska

**Licenses**

1981-Present	Alaska State Registered Nurse's License #8700
1970-1981	Licensed Practical Nurse (LPN) in CA and AK

**Tribal Affiliation**

Yurok

**Hobbies/Interests**

Gardening, beading, reading, photography, and keeping healthy

**References**

Dr. Margaret Allen (Medical Director)  
Hope Heart Institute  
206 903-2090

Dr. Linda Burhansstipanov (Public Health Researcher)  
Native American Cancer Research Initiatives  
303 838-9359

Annie Voigt (NBCCCEDP Program Officer)  
Centers for Disease Control  
Division of Cancer Prevention and Control  
770 488-4707

Dr. Judith Kaur (Researcher/Oncologist)  
Mayo Comprehensive Cancer Center  
507 284-8318

Judith Swan (Public Health Advisor)  
National Cancer Institute  
301 496-8506