

# ProMAC 2008 - Spouse Program

9/16/2008,  
Tuesday

Timelines	Activities	Shuttle Schedules
10:00	Leave Hotel Captain Cook	10 am *Hotel Captain Cook to Alaska Heritage Center
10:20 - 12:00	Alaska Native Heritage Center artists, storytellers, dancers, etc	12 pm *Alaska Heritage Center to Hotel Captain Cook
12:30 - 13:30	Lunch at Hotel Captain Cook	
13:30	Leave Hotel Captain Cook	1:30 pm *Hotel Captain Cook to The Ulu Factory
13:45 - 14:45	The Ulu Factory tours, demonstration, shopping, trolley rides	2:45 pm *The Ulu Factory to Earthquake Park
15:00 - 15:20	Earthquake Park	3:20 pm * Earthquake Park to Westchester Lagoon
15:35 - 16:00	Westchester Lagoon, Tony Knowels Coastal Trail	*We walk back to the hotel (20-25 min. long walk) / beautiful scenery!

9/17/2008,  
Wednesday

Timelines	Activities	Shuttle Schedules
10:00	Leave Hotel Captain Cook	10 am *Hotel Captain Cook to Alaska Wild Berry Park, Theater, & Products
10:20 - 12:00	Alaska Wild Berry Park, Theater, & Products Campbell Creek walk, Alaska Movie, tours, feeding reindeer, shopping	12 pm *Alaska Wild Berry Park, Theater, & Products to Hotel Captain Cook
12:30 - 13:30	Lunch at Hotel Captain Cook	
13:30	Leave Hotel Captain Cook	
13:30 to as late as you like	Downtown, Anchorage Oomingmak Musk Ox Producers' Co-operative, Wendler Bulding, 10th and M Seafoods, Anchorage 5th Avenue Mall, etc	Please let us know if there are other stores and sites you would like to go. <b>We have more information!</b> <b>We can guide you around downtown or you are free to go individually.</b>