



PSYCHOBITS



A NEWSLETTER FOR PSYCHOLOGY MAJORS
DEPARTMENT OF PSYCHOLOGY, UNIVERSITY OF ALASKA ANCHORAGE
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COURTNEY PAANANEN: DISTINGUISHED STUDENT OF SPRING 2004

Congratulations to Courtney Paananen who was the recipient of the Distinguished Student Award for Spring 2004! The award is presented each semester by the Department of Psychology to the applicant who shows the best potential for success in psychology. This honor allows the faculty to recognize exceptional psychology majors. Courtney is currently working with Dr. Eric Murphy on her honors thesis entitled *Dishabituation of the Head-Shake Response in Rats*. Please congratulate Courtney when you see her around the department.

PSYCHOLOGY CLUB AND PSI CHI NEWS

The Psychology Club and Psi Chi are organizations for psychology majors and minors. Psi Chi is the honor society for majors in psychology. The Psychology Club is for everyone interested in attending. Both clubs meet together. For more information on these organizations please contact Jared Smith (email: asjps8@uaa.alaska.edu), President of Psi Chi, or Abigail Nauman (email: asabn@uaa.alaska.edu), President of the Psychology Club.

Please attend their joint meeting on January 21, 2004 at 7:00 pm in CAS 218. Many important items will be discussed, including the t-shirt design contest, guest speakers for the Behavioral Sciences Conference of the North, elections, and bake sales. Join the fun!

Kudos to the recent Psi Chi inductees: Travis Anderson, Ashlea Barnes, Tiffany Chatfield, Tammy Connors, Virginia Cress, John Egbert, Laura Gardner, Jessica Gill, Lisa Guzman, Lindsay Holland, John Laux, Theresa Lloyd, Christine Lowther, Donald Nelson, Amanda Nichols, Catherine Opgenorth, Tracie Paladijczuk, Tava Phillips, Ashely Rahoi, Betty Robards, Krystle Robertson, Dana Salo, Christie Schultz, Maya Shales, Summer Shier, Debra Snider, Nikole Tiedeman, Sara Urvina, Jessica Veldstra, and Shannon Wells.

PEER MENTORSHIP PROGRAM

If you have questions about the Department of Psychology, getting more involved, career paths in

psychology, preparing for graduate school, or just want some support while working toward your degree, please contact a Peer Mentor. The program is open to all declared psychology majors, regardless of class standing. Please check out the following website to contact a Peer Mentor: www.uaa.alaska.edu/psych/undergrad/peermentoring/

PSYCHOLOGY STUDENTS - DO YOU NEED HELP?

ANPsych Graduate Tutors will assist you in improving your study skills, including time management, textbook reading, note taking, and much, much more! ANPsych Graduate Tutors will be conducting workshops on General Study Skills (January 22 & 23), Note-Taking Techniques (January 29 & 30), Test-Taking Skills (April 15 & 16). Tutoring is available for psychology students every Thursday (1:00 pm - 3:00 pm) and Friday (9:30 am - 12:30 pm) in CAS 253. Please contact Dr. Kathy Graves (786-6131; email: anksg@uaa.alaska.edu), Director of ANPsych, for more information.

BEHAVIORAL SCIENCES CONFERENCE OF THE NORTH

The Behavioral Sciences Conference of the North (BSCN) is an important annual event hosted by the Department of Psychology. The conference features research presentations by students, faculty, and guest speakers. It is an exciting opportunity for students to experience a professional conference and interact with others who are interested in psychology. All students are welcome and encouraged to attend. The conference is Saturday, April 17th.

If you are interested in presenting a paper or research project at BSCN, or just plain curious, please contact Dr. Claudia Lampman, (email: afcbl@uaa.alaska.edu), BSCN Coordinator.

UAA STUDENT SHOWCASE CELEBRATES ITS 20TH ANNIVERSARY!

The UAA Student Showcase celebrates its 20th anniversary in 2004! The Student Showcase is the

UAA STUDENT SHOWCASE (continued from page 1)

University of Alaska Anchorage's annual academic conference that recognizes and promotes excellence in all fields and disciplines. The Conference is a forum for students to present papers or other works in a professional and academic atmosphere. Students whose works achieve a high level of excellence receive cash rewards and may have their works published in the 2004 Student Showcase Journal.

The deadline for submissions is February 6, 2004. Submissions acceptable for the Showcase Conference will be invited to present their work during Showcase Week in early April. For applications and more information about the Student Showcase go to www.uaa.alaska.edu/programs/showcase/index.html or call Anne Route (786-1221), Director of Campus Life.

NSS POTLUCK!

The Native Student Services (NSS) will be holding a potluck on January 23, 2004 from 11:30 am to 2:00 pm. For more information, please contact NSS at 786-4000. Bring a friend and your favorite dish to share.

IMPORTANT DATES - SPRING 2004

January 23

May Application for Graduation Deadline

February 23-25

National Eating Disorder Awareness Week

March 21-28

Spring Break

April 17

Behavioral Sciences Conference of the North

April 22-25

Western Psychological Association's Annual Meeting in Phoenix, AZ (<http://www.westernpsych.org>)

April 27 - May 1

Final Exams

May 2

Commencement

THIS MONTH IN THE HISTORY OF PSYCHOLOGY

1878 (January 9th): John Broadus Watson was born. Watson's behaviorism defined psychology as an objective, experimental branch of natural science, shunning mentalism. Watson served as the American Psychological Association's (APA) President in 1915.

1908 (January 7th): Sigmund Freud's "Little Hans" had his first phobic attack. The case of Little Hans led to Freud's theories of infantile sexuality and dreams as expressions of wish fulfillment.

From: Street, W. R. (1994). *A chronology of noteworthy events in American psychology*. Washington, DC: American Psychological Association.

ABOUT PSYCHOBITS

PsychoBits is published three times per semester by the Department of Psychology at the University of Alaska Anchorage. Psychology majors and others are encouraged to submit items for inclusion in future issues. Please submit items to Dr. Eric Murphy (email: afesm@uaa.alaska.edu). To add or delete your name from the mailing list, please send a request to aypsych@uaa.alaska.edu.