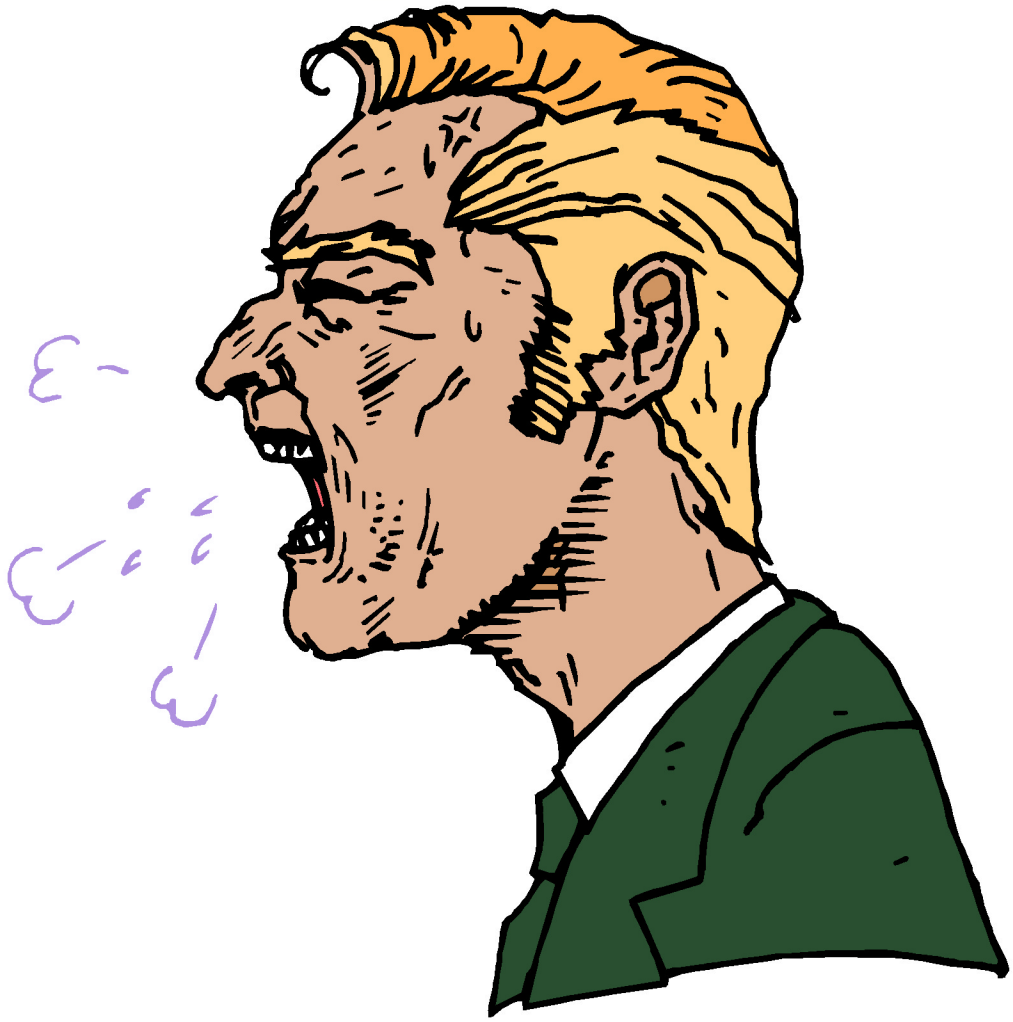
INFLUENZA



Don't blow it. Germs fly everywhere... fast.

Don't spread the flu. Cover your cough or sneeze. Use a tissue or your sleeve. Hands alone won't do it. Trash that tissue. Wash your hands often with soap and water.

Got chills, fever, sore throat, dry cough, runny nose, head or body aches, or unusual tiredness? Stay home. You're sick.

contact the Student Health & Counseling Center with questions 786-4040

UNIVERSITY of ALASKA ANCHORAGE

Get vaccinated!