

## Barbara Janoah Stillwater

### Curriculum Vita

#### Education

- 1996-1997 Post-graduate courses in epidemiology at School of Public Health, University of Washington, Seattle, WA and University of New Mexico, Albuquerque, NM.
- 1987-1991 Ph.D. (Social Welfare research) University of Washington, Seattle, WA
- 1986-1988 M.S. (Social Welfare research) University of Washington, Seattle, WA
- 1981-1985 B.S. (Nursing) University of Alaska, Anchorage, AK
- 1977-1981 A.A. (Nursing) University of Alaska, Anchorage, AK
- 1969-1970 L.P.N. SF Community College, San Francisco, CA

#### Employment History

- 2004-Present Program Manager, AK Diabetes Prevention and Control Program, AK Dept. of Public Health, Section of Chronic Disease Prevention and Health Promotion. Responsible for managing the diabetes control program & chronic disease self-management program.
- 2000-2004 Consultant and Project Director, Alaska Native Organ Donation Outreach and Education Project; The Hope Heart Institute, Seattle, WA. Responsible for developing, implementing, and evaluating an organ donation education program for rural AKN communities and health care providers
- Consultant, Northwest Portland Area Indian Health Board, Portland, OR. Duties included grant writing, survey development, and program evaluation.
- Consultant, National Indian Women's Resource Center, Park Hill OK. Duties included technical assistance, public education, and evaluation.
- Consultant, American Cancer Society, Atlanta, GA. Primary writer of "Circle of Life", a national breast cancer screening and education program for AIAN women.
- Consultant, Alaska Native Tribal Health Consortium, Anchorage, AK. Duties included grant writing and program design.
- 1994-2000 Principal Investigator and Program Director, Alaska Native Women's Wellness Program, Southcentral Foundation, Anchorage, AK. PI and Director of women's health research.
- 1992-1994 Researcher, Alaska Native Women's Health Project, Aleutian Pribilof Islands Association, Anchorage, AK. Duties included public education and program evaluation.
- 1991-1997 Part-time staff nurse in the E.R. at Providence Hospital, Anchorage, AK
- 1990-1991 Teacher/therapist for Family Services in Seattle, WA. Responsible for developing and teaching a parenting skills class for high-risk bi-cultural families.
- 1987-1991 On-call critical care nurse for Staffbuilders Nursing Agency, Seattle, WA.
- 1987 Research assistant in the Department of Social Work at Harborview Medical Center of the University of Washington, Seattle, WA. Duties included developing an interdisciplinary child abuse prevention training program and teaching undergraduate students in the BSW program.
- 1986-1991 Staff nurse in the I.C.U. at UW Medical Center, Seattle, WA
- 1981-1986 Staff nurse in the I.C.U. at Providence Hospital, Anchorage, AK
- 1976-1981 Head nurse at Our Lady of Compassion Health Care Center, Anchorage, AK.
- 1975-1976 Home health nurse for Anchorage Home Health Agency, Anchorage, AK.
- 1974-1975 Culinary worker in the Delta Junction Pipeline Camp, Delta Junction, AK.
- 1971-1974 Staff nurse in the Intensive Care Unit at Children's Hospital, San Francisco, CA

**Research Grants (1994-2000)**

Centers for Disease Control and Prevention National Breast and Cervical Cancer Early Detection Program American Indian/Alaska Native Initiative 1994-1999; total amount awarded: \$2.4 million  
 Alaska Run for Women 1995-1997; 1999-2000; total amount awarded: \$40,000  
 Avon/National Association of Breast Cancer Organizations 1997; total amount awarded: \$100,000  
 Susan G. Komen Breast Cancer Foundation 1997; total amount awarded: \$50,000  
 I.H.S. Indian Women's Health Demonstration Program 1997-2002; total amount awarded: \$400,000  
 NIH National Cancer Institute/Office of Minority Health 1999-2000; total amount awarded: \$50,000  
 Centers for Disease Control and Prevention: National Breast and Cervical Cancer Early Detection Program American Indian/Alaska Native Initiative 1999-2004; total amount awarded: \$3.4 million  
 Centers for Disease Control and Prevention: Wisewoman Cardiovascular Disease Prevention Program 1999-2004; total amount awarded: \$8 million

**Workshops/Presentations**

2009 "The Role of the IRB in Alaska Native Research"; Alaska Native Health Research Conference; Anchorage, AK; March 2009  
 2008 Living Well Alaska; Alaska Public Nurses Conference; Anchorage, AK; Apr 2008  
 2007 "Diabetes in Women during the Child Bearing Years"; Alaska Public Health Summit; Anchorage, AK; Dec 2007  
 2007 "Living Well Alaska: An Action Plan for Health"; Alaska Area Diabetes Conference; Anchorage, AK; Dec 2007  
 2007 "Living Well Alaska"; course leader/master trainer for multiple 6-week workshops in Anchorage for persons with chronic diseases  
 2006 "Taking Your Place on the Diabetes Team"; AK Pharmacists Association Anchorage AK; Feb 2006  
 2003 "The Alaska Native Project: Organ Donation Outreach" Association of Minority Transplant Agencies; San Antonio, TX; September 2003  
 1999 "Developing Native American Community-Based Programs" National American Indian and Alaska Native Nurses Association Santa Fe, NM; November 1999  
 1998 "Making Cancer Screening Partnerships with the Native Community" NorthCoast Breast Cancer Program; Ukiah and Eureka, CA; February 1998  
 1998 "Community-Based Cancer Prevention and Control Research" Native Women and Cancer Conference; Tucson, AZ; January 1998  
 1997 "Breast Cancer Outreach"; Hawaii Breast Cancer Program; Waianae and Waimanalo Health Centers; Oahu, HI; July 1997  
 1996 "Developing Breast and Cervical Cancer Education Materials for Alaska Native Women"; Tenth International Conference on Circumpolar Health; Anchorage, AK; May 1996  
 1996 "Alaska Native Women's Health"; American College of Obstetrics and Gynecology/IHS Conference; Anchorage, AK; April 1996  
 1995 "Breast and Cervical Cancer Control Among Alaska Native Women" "Developing Cancer Educational Materials for Alaska Native Women" Native American Cancer Conference III; Seattle, WA; June 1995  
 1995 "The Alaska Native Women's Wellness Project"; Breast and Cervical Cancer Early Detection Symposium; Anchorage, AK; March 1995  
 "Jumping on the Information Highway: Cancer Prevention through Education" Women and Wellness VI; Mesa, AZ; February 1995; Portland, OR; April 1995  
 1994 "Early Cancer Detection in Alaska Native Women"; Alaska Health Summit Anchorage, AK; October 1994  
 1993 "Cervical Cancer among Alaska Native Women"; Heartbeat Alaska/Alaska Native Television; Anchorage, AK; June 1993  
 1993 "Prevention of Cervical Cancer in Alaska Native Women"; Cervical Cancer Symposium/Alaska Area Native Health Service; Anchorage, AK; May 1993

**Publications/Educational Materials**

2009	Allen, M and Stillwater, B. Organ donation and transplantation: A new tradition of sharing for Alaska Natives. In "Behavioral Science Approaches to Increasing Organ Donation" (Drs. Jason Siegel and Eusebio Alvaro Eds.). In Press. 2009.
2007	Living Well Alaska: A Chronic Disease Self-Management Program"; Section of Chronic Disease Prevention and Health Promotion "Chronicles"; Volume 1. 2007
2005	Hall L, Stillwater B, Stolz G, and Utermohle C. The Prevalence of Diabetes among Adult Alaskans, 2002-2004. <i>State of Alaska Epidemiology Bulletin</i> 2005: vol 9, #3. Hall L, Stillwater B, and Utermohle C. Diabetes Mortality 1994-2003. <i>State of Alaska Epidemiology Bulletin</i> 2005: vol 9, #4. <i>Alaska Diabetes Strategic Plan</i> . State of Alaska/ Division of Public Health/Diabetes Program.
2003	Roubidoux M., Salmon Kaur J., Griffith K., Stillwater B., Novotny P., and Sloan J. Relationship of Mammographic Parenchymal Patterns to Breast Cancer Risk Factors and Smoking in Alaska Native Women. <i>Cancer Epidemiol Biomarkers Prev</i> 2003 12: 1081-1086 Writer "Give Alaska Life", a brochure to increase organ and tissue donation in Alaska.
2002	Writer (Revised) <i>Circle of Life</i> , a national breast cancer screening program for Native American women, sponsored by the American Cancer Society .
2001	Stillwater, B. Major Health Issues among Female Alaska Natives. <i>Wicazo Sa: A Journal of Native American Studies</i> , Vol.16, No. 1, 113-124. Consultant (primary), "New Traditions of Sharing", a video to promote organ donation awareness among Alaska Natives.
1998	Consultant (primary) to CDC to develop Alaska Native specific educational materials to improve colorectal cancer screening Stillwater, B. The Alaska Native Women's Wellness Project. <i>Health Care for Women International</i> , Vol. 20, No. 5, 487-492. Writer and producer of a PSA to encourage mammography among Alaska Native women.
1996	Breast and Cervical Cancer Control Plan for Alaska Native Women Writer and producer of "Stories of My Sisters: Interviews with Alaska Writer of a PSA to encourage breast cancer screening among Alaska Native women. Native Breast Cancer Survivors", a 50-minute video focusing on surviving breast cancer.
1995	Writer and producer of "Breast Cancer Screening: A Healthy Habit for Life," an 8-page brochure on breast cancer screening for Alaska Native women. Writer and producer of "The Gift of Health: A Woman's Path to Wellness," a 14-minute video focusing on breast cancer screening for Alaska Native women Stillwater, B. et al. Pilot test of a cervical cancer prevention video developed for Alaska Native women. <i>Public Health Reports</i> , Vol. 110, No. 2, 211-214
1994	Producer of a PSA related to cervical cancer screening among Alaska Native women. Primary reviewer and writer for "The Pap Test: A Healthy Habit for Life," an 8-page brochure on cervical cancer screening for Alaska Native women. Primary reviewer of "Native American Monograph #1: Overview of Cancer among American Indians and Alaska Natives".
1993	Writer and producer of "The Birthday Gift: A Woman's Path to Health," a 12-minute video focusing on cervical cancer for Alaska Native women.
1991	Doctoral Dissertation: Discipline Strategies of Mothers at Risk for Child Abuse (unpublished)
1990	Parenting Skills Training for High-Risk Families: A Review of the Literature (unpublished)
1988	Developed a multivariate prediction model for child maltreatment based on data generated from a project with families of conduct-disordered children
1987	Secondary data analysis on the relationship between the victim's age, gender, and relationship to the perpetrator and the method of coercion utilized by the perpetrator in child sexual abuse using data from the Sexual Assault Center at Harborview Medical Center
1985	Field research on locus of control and women in physically abusive relationships using data from surveys of women at a residential shelter for abused women and in a victim advocacy program for abused women.

**Organization/Committee Membership**

2007-2011 Co-chair Alaska Area IRB  
 2006-Present Affiliate Assistant Professor of Public Health, University of Alaska, School of Public Health  
 2003-2009 CITC Native Education Advisory Committee  
 2003-2005 Head Start Policy Council  
 2003-2004 CDC Expert Panel for AIAN Tobacco Cessation  
 2003-2004 Review Panel for JAMA  
 2000-2004 NIH/National Cancer Institute Native American Leadership Initiative Advisory Board  
 1997-1998 U.S. Army Breast Cancer Research Program Integration Panel  
 1997-2000 Alaska Native Health Board Epidemiology Center Advisory Council  
 1996-2000 Review Panel for Susan G. Komen Breast Cancer Foundation  
 1994-2011 Alaska Area Indian Health Service Institutional Review Board  
 1995-1997 FDA Consumer Affairs Committee  
 1994-2000 Alaska Breast and Cervical Cancer Early Detection Coalition  
 1994-2004 NIH/National Cancer Institute Network for Cancer Control Research among American Indian and Alaska Native Populations.  
 1994-1997 Review Panel for "Journal of Healthcare for the Poor and Underserved"  
 1993-1995 NIH/National Center for Nursing Research Task Force on Minority Research  
 1993 Review Panel for U.S. Dept. of Health and Human Services on grants related to AIAN cancer  
 1982-1987 American Association of Critical Care Nurses

**Volunteer Experience**

1995-2000 Facilitator of a support group for Alaska Native breast cancer survivors  
 1994-2000 Traditional Yup'ik Eskimo dancer with the Kicaput Dance Group  
 1993-2003 Volunteer at Spirit Days, an Alaska Native Cultural Celebration.  
 1991-2000 Alaska Native Medical Center Auxiliary volunteer  
 1989-1998 Seattle-King County Disaster Team member responding to national and international disasters by providing emergency medical care  
 1985-1986 Co-facilitator of a support group for abused women at the Alaska Women's Resource Center  
 1980-1986 Red Cross nurse for several community health programs in Anchorage, AK

**Honors**

1998 Certificate of Recognition from ANMC for Wellness and Health Fair  
 1998 Certificate of Recognition from AK Health Education Consortium for health education and health and promotion in Alaska  
 1996 Employee Achievement Award from Southcentral Foundation  
 1996 NABCO/Avon National Leadership Award  
 1996 Public Service Society award for video "Stories of My Sisters"  
 1995 Women in Communication award for video "Breast Cancer Screening"  
 1995 Public Service Society award for video "The Gift of Health"  
 1988 University of Washington Graduate School Scholarship for outstanding academic performance in the doctoral program  
 1985 Dean's Award for outstanding academics at the University of Alaska  
 1985 Magna Cum Laude, University of Alaska  
 1984-1985 National Dean's List and Dean's List, University of Alaska  
 1984 Critical Care Certification - National Association of Critical Care Nurses  
 1981 Magna Cum Laude, University of Alaska

**Licenses**

1981-Present Alaska State Registered Nurse's License #8700  
 1970-1981 Licensed Practical Nurse (LPN) in CA and AK

**Tribal Affiliation**

Yurok