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Introduction:

Thank you for your interest in the UAA Dental Hygiene Program! Our students consistently perform extremely well on board exams, demonstrating excellence in our students, curriculum, faculty, and staff. Dental hygiene programs are stressful and demanding, but the reward of delivering high quality patient care is worth the effort.

Advising Goal:

Provide students with accurate information regarding the UAA Dental Hygiene Program and the application process.

Outcomes: Upon completion of advising, the student will be able to:

- Identify steps needed to submit a complete application packet to the program.
- List unmet requirements the student needs to complete prior to submitting application packet.
- Demonstrate understanding of degree requirements for the program.
- Discuss program requirements, limitations, costs, and risks.
- Discuss dental hygiene student responsibilities.

Student Advising Expectations:

1. Complete the online Dental Hygiene Advising Module. Submission of the post quiz will send a completion notice to the Dental Hygiene Program.
2. Schedule a pre-application advising appointment (cashamburger@alaska.edu)
3. Fill out the prerequisite worksheet at the end of this syllabus.
4. Develop a plan to complete any missing coursework .
5. Write down questions you may have about the program or application process.
6. Bring all the above items to the advising appointment.

Advisor Responsibilities:

1. Provide pertinent information about the UAA Dental Hygiene Program
2. Answer or assist student in finding answers to questions.
3. Be available for further discussion as needed.

Advising Content:

- I. BSDH degree requirements
 - a. Prerequisite coursework
 - b. Program coursework
 - c. Other degree requirements

- II. Program costs—see page 7

- III. Application procedure
 - a. Apply to UAA as dental hygiene BS pre-major
 - b. Submit transcripts with pre-requisite coursework
 - i. Need transcript evaluation of non-UAA transcripts
 - ii. Minimum GPA of 2.0 in non-science and science courses
 - c. Review advising PowerPoint and take advising quiz.
 - d. Highly recommended, but not required, to meet with dental hygiene faculty advisor to review application process.
 - e. Application form completed and submitted
 - f. Submit TEAS scores
 - i. No more than 24 months old
 - ii. No more than once in 6 months
 - iii. Highest scores used
 - iv. NEW 2020: Minimum accepted score of 60
 - g. Provide contact information for three professional references (e.g. teacher or employer)

- IV. Selection criteria and procedure
 - a. Application materials submitted prior to deadline (posted on website)
 - i. Includes application, TEAS scores, advising quiz results, dental assisting documentation if applicable, reference contact information
 - b. Points awarded
 - i. Science GPA and non-science GPA
 - ii. TEAS scores
 - iii. Dental assisting experience, CDA, or graduation from accredited dental assisting program
 - c. Interviews for top candidates: Demonstrated qualities such as professionalism, ethics, communication skills
 - d. The Program reserves the right to require documentation concerning all (any) disciplinary actions at other dental hygiene programs, including request of a Letter of Standing from past program enrollment.

- V. Other recommendations
 - a. Apply to more than one school
 - b. Observe a hygienist and/or visit UAA Dental Hygiene Clinic

- VI. Program student requirements
 - a. Insurance
 - i. Medical insurance—student purchased
 - ii. Liability insurance—school purchases from lab fees
 - b. Conduct
 - i. ADHA Code of Ethics
 - ii. UAA Student Code of Conduct
 - iii. UAA Dental Hygiene Program policy
 - c. Mandatory attendance
 - i. Rigorous program
 - ii. Employment discouraged
 - iii. Back-up child care highly recommended.
 - d. Patient requirements—student responsibility
 - e. Basic Life Support—Healthcare Provider certification throughout program
 - i. Adult/infant/child
 - ii. American Red Cross or American Heart Association
 - iii. Healthcare provider/AED—NOT HEARTSAVER
 - f. Immunizations and tests (MMR, varicella, TDP, Hep B series + titer, 2-step PPD, influenza)
 - g. Strict grooming and infection control
 - i. Uniforms
 - ii. No visible tattoos or jewelry
 - iii. CDC guidelines followed for students with exposure to contagious diseases
 - iv. Exposure to radiation, infectious diseases, and hazardous chemicals
 - h. Drug/alcohol testing may be required for clinical rotations and future employment.
- VII. Employment opportunities
- VIII. Licensure
 - a. Costs—refer to web page [Alaska Licensure Forms](#).
 - b. Requirements
 - i. Graduate of accredited dental hygiene program
 - ii. Successful completion of board exams
 - iii. Pass background check
 - c. State of Alaska: Board of Dental Examiners required information
 - i. Conviction of a crimes, or charged with current crime?
 - ii. In past 5 years--Addiction or mis-use of alcohol, narcotics, barbiturates, or other habit-forming drugs?
 - iii. In past 5 years—Experienced or treated for bipolar disorder, schizophrenia, paranoia, depression, psychotic disorder, or other mental or physical condition or disability?
 - iv. Disciplinary actions regarding licensure in other states

DENTAL HYGIENE SCOPE OF PRACTICE/EMPLOYMENT OPPORTUNITIES:

The registered dental hygienist is a licensed oral health educator and clinical operator who, as part of the dental team, uses preventive, educational, and therapeutic methods that aid individuals and groups to attain and maintain optimum oral health. Licensed hygienists in the state of Alaska are able to perform oral prophylaxes and therapeutic debridement, place sealants, expose radiographs, and apply fluoride. With additional certification, hygienists may administer local anesthetics, provide nitrous oxide sedation, and place/finish certain restorations.

Dental hygienists can work as clinicians, educators, researchers, administrators, managers, preventive program developers, consumer advocates, sales and marketing managers, editors, and consultants. Clinical dental hygienists may work in a variety of health care settings such as private dental offices, schools, public health clinics, hospitals, managed care organizations, correctional institutions, or nursing homes.

DENTAL HYGIENE PROGRAM OBJECTIVES:

The educational objectives of the Dental Hygiene program are to produce graduates who:

- Have the technical skills and professional demeanor to perform occupationally related procedures.
- Demonstrate academic and clinical proficiency necessary to succeed on national and regional examinations.
- Are prepared to perform occupationally related procedures in various settings.
- Meet the occupational requirements of employers
- Prepare students for graduate education.

DENTAL HYGIENE PROGRAM OUTCOMES

The specific educational outcomes that support the program objectives are to produce graduates who are able to:

1. Provide and document dental hygiene care in a legal and ethical manner.
2. Exhibit professional behavior, including time management, risk management, and respect of patients and co-workers.
3. Critically evaluate scientific literature and research relevant to dental hygiene.
4. Collect, analyze, and record data on the general and oral health status of patients.
5. Use critical decision making skills to develop a dental hygiene diagnosis, which will provide a basis for interventions that are within the scope of dental hygiene practice and determine the need for referral to appropriate health professions as needed.
6. Formulate a dental hygiene care plan, including a planned sequence of educational, preventive, and therapeutic services based on the dental hygiene diagnosis in collaboration with the patient and other health care providers.
7. Deliver preventive and therapeutic care to achieve and maintain oral health utilizing established infection control procedures, pain control measures, and ergonomic practices.
8. Evaluate the effectiveness of the implemented services, and modify as needed.
9. Promote the profession of dental hygiene through service and affiliations with professional organizations.
10. Assess, plan, implement, and evaluate complex community oral health projects to diverse populations.

COURSE SEQUENCING

Prerequisite Year (prerequisite courses may be taken in a different order and over a longer time-frame as needed):

Fall (sample)—17 credits

CHEM A103/L	4 credits	
BIOL A111	4 credits	
WRTG A111	3 credits	
SOC AXXX	3 credits	(SOC A101 or SOC A201)
PSY AXXX	3 credits	(PSY A111 or PSY A150 or HS A220)

Spring (sample)—15 credits

CHEM A104/L	4 credits	
BIOL A112	4 credits	
BIOL A240	4 credits	
COMM AXXX	3 credits	(COMM A111 or COM A235 or COMM A237 or COMM A241)

Fall: (after application/selection in August; may be taken earlier, but are not required for selection)—12 credits

DN A203	3 credits	(should be taken by the start of the third year)
WRTG A212	3 credits	(or other 200-level WRTG GER; should be taken by the start of the third year)
STATS A200	3 credits	(should be taken by the start of fourth year)
Humanities GER3	credits	(see list of qualified courses on DegreeWorks)

Spring: 1st semester in program—14 credits

DH A201	2 credits	Oral Embryology and Histology
DH A200	2 credits	Basic Instrumentation for Dental Hygienists
DH A220	2 credits	Introduction to Preventive Dentistry
DH A204	2 credits	Anatomy of the Orofacial Structures
Fine arts GER	3 credits	(see list of qualified courses on DegreeWorks)
Humanities GER3	credits	(see list of qualified courses on DegreeWorks)

Alternative Spring sequence for students not accepted into the program to earn AA—16 credits

Humanities GER	3 credits
Fine arts GER	3 credits
Electives	10 credits

Note: BSDH Selective/elective credits may be taken in different sequence but must be completed by the end of the last semester in the program.

Fall 2nd Semester in program--15 credits

DA A110/L	4 credits	Dental Radiography
DH A203	3 credits	Assessment Procedures in Dental Hygiene (proposed new course)
DH A222	3 credits	Adjunctive Techniques for Dental Hygienists
DH A292E	1 credit	Preclinical Seminar (proposed new course)
DH A311	2 credits	Periodontics
DH A365	2 credits	Pharmacology for Dental Hygienists

Spring 3rd Semester in program—13 credits

DA A160	3 credits	Materials in Dentistry
DH A292D	1 credit	Clinical Seminar I
DH A295D	4 credits	Clinical Practicum I
DH A302	1 credit	Advanced Instrumentation for Dental Hygienists
DH A314	2 credits	Pathology of the Oral Tissues
DH A321	2 credits	Current Periodontal Therapies

Summer: Optional but recommended

S/elective 1-6 credits

Fall 4th Semester in program—15 credits

DH A310	3 credits	Oral Pain Control
DH A316	1 credit	Professional Dental Hygiene Practice
DH A324	2 credits	Community Dental Health I
DH A392C	1 credit	Clinical Seminar II
DH A395C	5 credits	Clinical Practicum II
S/electives	3 credits	(or less if some taken in previous summer)

Spring 5th Semester in program—18 credits

DH A392D	1 credit	Clinical Seminar III
DH A395D	6 credits	Clinical Practicum III
DH A424	3 credits	Community Dental Health II (GER integrative capstone)
S/elective	8 credits	(or less if some taken in previous summer)

A total of 120 credits is required for the degree, 42 of which must be upper division.

Challenge exams are not offered in Dental Hygiene BSDH Program. Alternatives for receiving credit are:

1. Transfer credit from an accredited college and/or university through the University of Alaska Anchorage registrar's office.
2. Course petition process through the University of Alaska Anchorage office of Admissions and Records.

Dental Hygiene Program
Estimated Projected Expenses @ 2019-2020 Levels of BSDH Curriculum

Actual cost may vary—Pre-program column includes first three “pre” semesters in course sequence

	Pre- Program (44 cr)	Spring 1 st Semester (13 cr)	Fall 2 nd Semester (15 cr)	Spring 3 rd Semester (13 cr)	Fall 4 th Semester (18 cr)***	Spring 5 th Semester (18 cr)***	Totals
Resident tuition (\$212-256/credit)*	\$9,812**	\$2,899**	\$3,529	\$3,129	\$4,842	\$4,842	\$29,053
Student fees	\$1,653	\$541	\$541	\$541	\$541	\$541	4,358
Lab fees (includes instrument kits & loupes)	\$529**	\$2,753**	\$1,583	\$1,554	\$1,193	\$2,279	\$9,891
BLS/CPR	\$80/2 yr				\$80/2 yr		\$160
Textbooks	\$1,780**	\$936**	\$302	\$205	\$462	\$0	\$3,685
Immunizations (Available at the Student Health Center at a reduced cost)	Varies	Varies	Varies	Varies	Varies	Varies	Varies
Student Accident/Illness Insurance (no longer available through UAA)	N/A	Varies	Varies	Varies	Varies	Varies	Varies
Uniforms, shoes	N/A	\$200	0	0	0	0	\$200
Parking	\$350/yr	0	\$350/yr	0	\$350/yr	0	\$1,400
Other miscellaneous supplies	N/A	\$150	\$150	\$150	\$150	\$150	\$750
Total estimated cost for residents:							\$49,497
<i>*Non-Resident tuition (~\$751-795/credit first year)</i>	\$34,716	\$10,257	\$12,995	\$11,707	\$19,422	\$19,422	\$108,519

***General education course expenses vary by course.*

****Dental hygiene selective course expenses vary by course. This estimate includes the restorative course, which is an option but not required.*

Additional costs for second year students (vary year to year):

- National Board (written exam) (\$440 in 2019)
- WREB (Local Anesthesia) (\$140 in 2019)
- WREB (clinical) (\$1260 in 2019)
- Licensing fees after graduation and passing boards (\$100 application fee + \$100 licensure fee for local anesthetic; \$100 application fee +200 licensure fee for dental hygiene [2018]; (\$100 application fee + \$100 licensure fee for nitrous oxide; (\$100 application fee + \$60 licensure fee for restorative)
- Criminal background check (\$400 in 2019) <http://www.pbisonline.com/pbis/Policies.htm>
- Alaska Dental Hygiene/Restorative License renewal (\$200/\$60 biennially 2019)

PRE-REQUISITE COURSE WORKSHEET

NAME _____

SID _____

DH CONFERENCE APPOINTMENT DATE _____ Year of application _____

Non-Science Courses	Grade	Date to be taken
WRTG A111, WRTG A211, WRTG A212, WRTG A213, or WRTG A214		
SOC A101 or A201		
PSY A111 or A150		
COMM A111, A235, A237, OR A241		
Science Courses		
BIOL A111		
BIOL A112		
BIOL A240		
CHEM A103/L OR A105/L		
CHEM A104/L		

Remaining Gen Ed Courses (Not required for application)	Course	Completed or Date to be taken
Humanities 3 cr		
Humanities 3 cr		
Fine arts 3 cr		
STAT A252/A200 (new number)		
DN A203 (not gen ed but required)		
3 additional credits (6 total) of WRTG GER (WRTG A212 recommended)		

Advising Check-off List:

_____ Student has completed the online advising review and quiz on (date) _____.

_____ Reference contacts identified

_____ Student's questions answered.

_____ Identified student needs, e.g. coursework, items still needed for application.

List needed coursework and estimated semester, as needed:

Courses:

Semester

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Check items still needed for application packet:

_____ TEAS \geq 60

_____ Application form

_____ Change of major (current major is BSDH Pre Major or OTHER: _____)

_____ Transcript evaluations

List school(s):

Student Signature _____

Date _____

Faculty Signature _____

Date _____