**End-of-Placement Competency Assessment Paper (CAP)**

Among the most important skills of a professional social worker are the abilities to 1) seek and reflect on feedback from others and 2) engage in your own self-assessment regarding professional competencies. Both skills offer helpful opportunities for validation, renewal, and exploration of your unique talents, knowledge, and ability to learn from experience. In this Competency Assessment Paper, you are asked to review and reflect on what you experienced in the Field Education Program and to assess your accomplishments in order to begin to develop a plan for addressing your growth needs as an emerging professional social worker. Your clarity in expressing your thoughts, feelings, ideas, and beliefs as well as your ability to openly self-assess and seek critique from others who are a part of your “learning team” are the key pieces of this final assignment. Please thoroughly complete each of the three sections described below.

**SECTION I**

Refer to the Learning Contract you established for this semester and, similar to the previous semester, please describe achievement of and/or progress toward completion of each of the Student Learning Outcomes (SLOs) and note where the documentation of achievement can be found. PLEASE be specific in noting 1) *what* indicators you are using for each SLO and Practice Behavior (PB) and 2) *where* in the Learning Portfolio your indicators may be found. It may be helpful to copy and paste your Spring 2017 Learning Contract into this section in order to then comment on each of the SLOs you addressed, or you may develop your own format for the purposes of completing this section of the CAP.

**SECTION II**

In a 5- to 8-page paper, please identify and describe the challenges, commitments, insights, and growth efforts that have been a part of both your professional and personal development during this field education program by addressing (and elaborating about) each of the following questions:

1. Identify where you started as you began the field education program. What challenges, concerns, or apprehensions did you bring to your placement?

1. Overview your field placement experience and identify the major challenges that you faced in the course of learning how to be a social worker.

1. Identify how people (peers, consumers, agency staff, faculty, etc.) and situations have been resources/opportunities and barriers/obstacles in your learning process during the placement.

1. Discuss how your classroom work and the practicum seminar contributed to your growth and development of knowledge and skills for professional practice. Where else did you seek knowledge beyond the classroom?

1. To what extent has your awareness of diversity as an issue in society increased through field education experiences?

1. Of what achievements during your placement are you particularly proud?

1. What gaps do you presently see in your professional development process? How do you propose to fill those gaps as you enter practice and/or move on to graduate school?

1. How do you rate your self-care skills? What will you do to continue to increase those skills in the future?

1. If you could do anything over again in your field placement, what might you do differently that would have enabled you to get more out of the placement?

1. What important new information do you have about yourself, your motivations, your aspirations, and your abilities as a result of your learning experiences this year?

**SECTION III**

**Please identify the percentile grade (between 0 and 100%) you believe you have earned for the semester:**

Student Signature Date