



Alaska Geriatrics Interdisciplinary
Leadership Development Program



The AK GILD program is a partnership between Southcentral Foundation's Nuka System of Care and the University of Alaska Anchorage, Center for Human Development, and funded by HRSA grant #U1QHP28706, *Geriatrics Workforce Enhancement*

“Lead the way to a healthy age”



*The Southcentral Foundation **Nuka System of Care** is a health care system created, managed and owned by Alaska Native people to achieve physical, mental, emotional and spiritual wellness. The relationship-based Nuka System of Care is comprised of organizational strategies and processes; medical, behavioral, dental and traditional practices; and supporting infrastructure that work together – in relationship – to support wellness.*

The Center for Human Development (CHD) is a University Center for Excellence in Developmental Disabilities (UCEDD) in Education, Research, and Service. There are 67 UCEDDs that form an Association of University Center on Disabilities (AUCD). Since CHD is the only UCEDD in Alaska, we serve the entire state.



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AK GILD

Alaska Geriatrics Interdisciplinary Leadership Development Program





The **AK GILD (Alaska Geriatrics Interdisciplinary Leadership Development) program** is creating the next generation of leaders who will dramatically improve systems of care supporting the health and quality of life for older Alaskans.

Funded by the HRSA Geriatrics Workforce Enhancement Program (GWEP), the **AK GILD program** is a partnership between Southcentral Foundation's Nuka System of Care and the University of Alaska Anchorage, Center for Human Development.

The **HRSA Geriatrics Workforce Enhancement Program (GWEP)** supports the development of a health care workforce that improves health outcomes for older adults by integrating geriatrics with primary care, maximizing patient and family engagement, and transforming the healthcare system.

The AK GILD program will:

- Increase awareness and knowledge of integrated geriatrics, primary care, and behavioral health delivery systems for University of Alaska faculty.
- Advance knowledge and skills in addressing the needs of older adults and care-givers at the individual, community, and population levels.
- Promote innovative practice models to enhance cultural competency, partnership among disciplines, and patient-centered care.
- Use interdisciplinary training opportunities to build leaders in evidence-based interventions for Alzheimer's Disease and Related Dementias (ADRD).



UAA Faculty Track - 100 hours

For University of Alaska health and behavioral health term and tenure track faculty. Goal is to change curriculums to incorporate patient-centered models, with an emphasis on Alaska Natives, the Nuka System of Care, and geriatrics.

- Externship at South Central Foundation – job shadowing & experiential learning
- Didactic learning: geriatrics topics
- Attendance at the Nuka Conference:
 - 3 days relationship-based training (Core Concepts)
 - 2 days conference sessions on Nuka System of Care topics

Leadership Track- 150 hours

Designed for health professionals, direct service professionals, family/caregivers, and advocates. Applicants must have a long-term professional or personal goal to focus on an aspect of leadership in geriatrics.

- 150 hour semester long program
 - 30 hours externship – location varies
 - 54 hours didactic learning (seminars, work shops, webinars)
 - 5 hours host family experience
 - 61 hours project/product development

Completers will receive a University of Alaska Anchorage Workforce Credential in Geriatrics.

