



What is Upward Bound?

Upward Bound (UB) is a federally funded program serving West and Bartlett High School students from low-income backgrounds and/or who may be the first-generation in their family to complete a 4-year college degree. The primary objective of the program is to assist students in preparing for a postsecondary education.

The purpose of Upward Bound is to assist students in the development of the skills and motivation necessary to succeed both in high school and beyond. Admission to the Upward Bound program is not automatic; students and their parents/guardians must complete this application, meet eligibility requirements, and demonstrate the desire and need for program support. Students who are admitted must agree to take part in both the academic year and the summer program. **All UB services are FREE!**

Helping students become successful in life is our mission! The services we offer help students reach their goals because in Upward Bound, **college is not just a dream, but the plan.** If admitted, you will become part of a program of which you can be proud.

If you have questions about Upward Bound, please contact our office.

Sincerely,

Kaitlin DeMarcus
Director of TRIO Upward Bound
Phone: (907) 786-4520; Email: kbdemarcus@alaska.edu

How Can UB Help You?

Advising

- Advising for college preparedness
- Exploring careers and colleges

Academic Support

- Tutoring
- Workshops
- ACT/SAT preparation

Postsecondary Support

- College application assistance
- College transition guidance

Financial Assistance

- Free Application for Federal Student Aid (FAFSA) support
- Financial literacy workshops
- Scholarship assistance

Summer Program

- Academic programming
- College and career visits
- Bridge Program for graduating seniors

Additional Services

- Family engagement
- Cultural enrichment
- Leadership development

Additional Information

Interested participants and families may request additional information, applications, and/or make an appointment by contacting:

Main Office:

Phone: (907) 786-4829

Email: uaa_ub@alaska.edu

Website: uaa.alaska.edu/students/trio-programs

Bartlett Advisor: Rachel Watters

Phone: (907) 538-7864; **Email:** rnwatters@alaska.edu

West Advisor: Jessica Delgado

Phone: (907) 538-7874; **Email:** jpdelgado@alaska.edu



Application Process

The application form must be completely filled out by you and your parent/legal guardian. The following are required for your application to be processed:

- **Social Security Number:** Your social security number is required to align with regulations from the Department of Education.
- **Signed Federal Income Tax Return:** A signed copy of your parents’/guardians’ most recent federal income tax return showing taxable income. We only need the first 2 pages. If you did not file, we need a signed income statement (see page 5).
- **Transcript:** A copy of your transcript, up to and including the last semester grades (*For 9th grade applicants, you will need to provide your middle school transcript*). A print out of your most recent grades from Q/Zangle is also required.
- **1 Page Essay (typed or legibly hand-written):** An essay explaining the following items:
1) Tell us about yourself and your family, 2) Explain why you want to be in Upward Bound and why you need the services provided by the program, 3) Describe your educational goals, 4) Describe your extra-curricular activities (clubs, sports, volunteer service, part-time job, etc.), and 5) Explain why you are willing to make a commitment to the Upward Bound program.
- **Meeting with UB Staff Member:** a one-on-one meeting will take place to discuss the application and provide the recommendation form to the applicant.
- **Recommendation Form:** The recommendation form will need to be completed by either a teacher, counselor or other person in a similar position at your school.

Completion of this application does not guarantee acceptance into the Upward Bound program. If accepted, you will be asked to sign a contract agreeing to the following commitments:

Student Commitment – I Agree to:

1. Attend high school (scheduled classes, labs, and discussions) regularly
2. Enroll in rigorous classes as appropriate and strive to receive the Alaska Performance Scholarship
3. Attend all meetings and events with the TRIO UB staff
4. Display behavior and attitudes that are respectful, appropriate, and bring honor to my parents/guardians, my school, the TRIO UB program, and myself
5. Communicate clearly and regularly with UB staff through in-person meetings, email, text, Remind or other means
6. Attend Summer Academy each year

Parent/Guardian Commitment – I Agree to:

1. Grant permission for my child to participate in the TRIO UB program
2. Fully support and facilitate my child’s involvement in the TRIO UB program
3. Attend TRIO UB activities involving parents/guardians during the year

TRIO Upward Bound Staff Commitment – We Agree to:

1. Meet with each student on a regular basis to provide information, tutoring, and activities that will help him/her to achieve his/her full potential
2. Seek parental input and involvement in Upward Bound activities
3. Work closely with parents/guardians and school personnel to ensure each student is receiving the best combination of services



STUDENT DEMOGRAPHIC INFORMATION

Date: _____ School: Bartlett West School I.D.: _____

1. Last Name _____ First Name _____ M.I. _____

2. Social Security Number _____ - _____ - _____ *(required by U.S. Department of Education)*

3. Mailing Address _____

City _____ State _____ Zip _____

4. Student Cell _____ Student Email _____

5. Current Grade (circle one) 9 10 11 12

6. Date of Birth ____/____/____ Sex Female Male I identify as _____

7. Citizenship (*select one*)

a. U.S. Citizen

OR

b. Permanent Resident (*please attach a copy of your alien registration card or I-94 form*)

if born outside the U.S., please specify which country _____

8. Ethnicity/Race

a. Is the applicant Hispanic/Latino? Yes No

b. Please check all options that the applicant considers themselves (if any):

American Indian/Alaskan Native

Asian

Black/African American

Native Hawaiian/Pacific Islander

White/Caucasian

Other: _____

9. Is a language other than English spoken at home? Yes No (if yes, which language) _____

What is the preferred language when contacting parent/guardian: _____

10. Do you have a relative in Upward Bound (UB) or Student Support Services (SSS)? Yes No

If yes, what is the student's name? _____

Relation to you (brother, cousin, etc.): _____ Which program were/are they in? UB SSS

Office Use Only

Eligibility: FG LI Both Income Verification Transcript Interview Teacher Recommendation

HRAF Standardized Test Score (Peaks) Parent Signature Student Signature

Database Entry By _____ Date _____



PARENT/LEGAL GUARDIAN INFORMATION

1. Who does the student primarily live with? (parent(s), guardian(s), if other, explain) _____

2. Is the student currently in foster care? Yes No (if yes, leave income section blank)

3. Parent 1/Guardian 1 Information

Name _____ Cell _____

Home Phone _____ Employer Name & Phone Number _____

Email Address _____

4. Parent 2/Guardian 2 Information

Name _____ Cell _____

Home Phone _____ Employer Name & Phone Number _____

Email Address _____

BIOLOGICAL/ADOPTIVE PARENT INFORMATION

UB is required to verify that our participants meet federal criteria based on educational background and household income level. All information will be kept confidential.

1. Please indicate highest level of education **completed** by **biological or adoptive parent 1:**

Elementary High School College (if checked, indicate college/degree below)

2-year college, Institution Name _____ Certification or Associates in _____

4-year college, Institution Name _____ Level of Degree Awarded _____

2. Please indicate highest level of education **completed** by **biological or adoptive parent 2:** (if applicable)

Elementary High School College (if checked, indicate college/degree below)

2-year college, Institution Name _____ Certification or Associates in _____

4-year college, Institution Name _____ Level of Degree Awarded _____

Certification and Signatures

In order to best serve Upward Bound participants in the areas of educational planning and postsecondary enrollment, it is critical for Upward Bound personnel to have access to the following educational records. I give my permission for project administrators to request and receive any educational records regarding my child such as:

- Class schedules
- Transcripts/grades
- Scores for standardized achievement, college placement and diagnostic tests/assessments
- Discipline records
- Attendance records
- Graduation verification
- Special programs records (this includes all special services your student may receive, such as special education)
- Other reports or academic data required for admission and participation in the Upward Bound program and necessary to provide effective services and track education outcomes for the applicant.

Student Signature

Parent/Guardian Signature

Date



HOUSEHOLD INCOME INFORMATION
(required by the U.S. Department of Education)

Student Name _____ School _____

We cannot consider this application until this information is received. This information determines eligibility for Upward Bound. Please be as accurate and complete as possible. This will be kept confidential.

I completed an income tax return. I am including my taxable income from most recent taxes (income after all deductions). Look for the line stating “**Taxable Income**” or refer to IRS form 1040 line 43, or IRS Form 1040 A line 27, or IRS form 1040EZ line 6. *Please attach a signed copy of your parent/legal guardian’s most **recent federal income tax return**, showing taxable income. We only need the first 2 pages. If you did not file, we need a signed statement of income in the next section.*

Taxable income: \$ _____ (please also include a copy of tax return)

OR

I DID NOT file a tax return – please list parental yearly take home pay (complete table below).

Non-Filers Information

If you **DID NOT** file a Federal Income Tax Form, please complete the following information for the previous tax year.

Source of Income	Amount per Year
Social Security	
Temporary Assistance to Needy Families (TANF)	
SNAP (food benefits)	
Unemployment benefits	
Child support received	
Alimony	
Pension/Retirement/Disability Income	
Veteran’s benefits	
Other Income	
Free school lunch	<input type="checkbox"/> Yes <input type="checkbox"/> No
TOTAL Income	

Number of people supported by income (household size) _____

My signature verifies that this information is true and correct to the best of my knowledge:

Signature of parent/legal guardian Date



STUDENT NEEDS ASSESSMENT
(to be completed by the applicant)

This survey contains a number of statements about student needs. We ask students to give their honest opinion about how Upward Bound can meet your needs. Your answers will be kept confidential.

Student Name _____ School _____ Grade _____

It is an expectation of UB participants to attend college after high school. As of now, is this part of your plan? Yes No Undecided

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1. I need to get better grades in school	1	2	3	4	5
2. I need to learn how to take better notes	1	2	3	4	5
3. I need to learn test-taking strategies and techniques	1	2	3	4	5
4. I need to develop strong study skills and habits	1	2	3	4	5
5. I need to learn how to read a textbook more effectively	1	2	3	4	5
6. I need to improve my math skills	1	2	3	4	5
7. I need to improve my reading/writing skills	1	2	3	4	5
8. I need to improve time management skills and habits	1	2	3	4	5
9. I need to know how to prepare for a career that interests me	1	2	3	4	5
10. I need to learn how to get involved in clubs and organizations	1	2	3	4	5
11. I need help visiting college campuses	1	2	3	4	5
12. I need to experience more cultural activities	1	2	3	4	5
13. I need to learn which classes are necessary for college	1	2	3	4	5
14. I need information on college prep courses and dual enrollment	1	2	3	4	5
15. I need to learn about college programs and degrees	1	2	3	4	5
16. I need to learn more about ACT/SAT testing	1	2	3	4	5
17. I need help applying to colleges	1	2	3	4	5
18. I need to learn more about filling out the FAFSA	1	2	3	4	5
19. I need to learn about searching for scholarships	1	2	3	4	5
20. What college(s) or university(ies) are you interested in attending?					
21. What are you interested in studying or majoring in?					
22. Are you encouraged by your family to attend college?					