



## What is Upward Bound?

Upward Bound (UB) is a federally funded program for high school students from low-income backgrounds, who may be the first-generation in their family to complete a 4-year college degree, or both. The primary objective of the program is to assist students in preparing for a postsecondary education.

The purpose of Upward Bound is to assist students in the development of the skills and motivation necessary to succeed both in high school and beyond. Admission to the Upward Bound program is not automatic; students and their parents/guardians must complete this application, meet eligibility requirements, and demonstrate the desire and need for program support. Students who are admitted must agree to take part in both the academic year and the summer program. **All UB services are FREE!**

Helping students become successful in life is our mission! The services we offer help students reach their goals because in Upward Bound, **college is not just a dream, but the plan.** If admitted, you will become part of a program of which you can be proud.

If you have questions about Upward Bound, please contact our office.

Sincerely,

Kaitlin DeMarcus

Director of TRIO Upward Bound

### How Can UB Help You?

#### Advising

- Advising for college preparedness
- Exploring careers and colleges

#### Academic Support

- Tutoring
- Workshops
- ACT/SAT preparation

#### Postsecondary Support

- College application assistance
- College transition guidance

#### Financial Assistance

- Free Application for Federal Student Aid (FAFSA) support
- Financial literacy workshops
- Scholarship assistance

#### Summer Program

- Academic programming
- College and career visits
- Bridge Program for graduating seniors

#### Additional Services

- Family engagement
- Cultural enrichment
- Leadership development

## Additional Information

Interested participants and families may request additional information, applications, and/or make an appointment by contacting:

**Mail:** University of Alaska Anchorage  
Upward Bound Program  
3211 Providence Dr. UC130  
Anchorage, AK 99508

**Phone:** (907) 786-4829

**Email:** [uaa\\_ub@alaska.edu](mailto:uaa_ub@alaska.edu)

**Website:** [uaa.alaska.edu/students/trio-programs](http://uaa.alaska.edu/students/trio-programs)



## Application Process

The application form must be completely filled out by you and your parent/legal guardian. The following are required for your application to be processed:

- **Social Security Number**: your social security number is required to align with regulations from the Department of Education.
- **Signed Federal Income Tax Return**: a signed copy of your parents'/guardians' most recent federal income tax return showing taxable income is required. We only need the first 2 pages. If you did not file, we need proof of income (SSI).
- **Recommendation Form**: the recommendation form will be completed by either a teacher, counselor or other person in a similar position at your school.
- **Transcript**: a copy of your transcript, up to and including the last semester grades, is required. A print out of your most recent grades from Q/Zangle is preferred but not required.
- **Meeting with UB Staff Member**: a one-on-one meeting will take place to discuss the following:  
1) Tell us about yourself and your family, 2) Explain why you want to be in Upward Bound and why you need the services provided by the program, 3) Describe your educational goals, 4) Describe your extra-curricular activities (clubs, sports, volunteer service, part-time job, etc.), and 5) Explain why you are willing to make a commitment to the Upward Bound program. It is preferred that the essay be typed, however is not required.

Completion of this application does not guarantee acceptance into the Upward Bound program. If accepted, you will be asked to sign a contract agreeing to the following commitments:

### Student Commitment – I Agree to:

1. Attend high school (scheduled classes, labs, and discussions) regularly
2. Enroll in rigorous classes as appropriate and strive to receive the Alaska Performance Scholarship
3. Attend all meetings and events with the TRIO UB staff
4. Display behavior and attitudes that are respectful, appropriate, and bring credit to my parents, my school, the TRIO UB program, and myself
5. Attend Summer Academy

### Parent/Guardian Commitment – I Agree to:

1. Grant permission for my child to participate in the TRIO UB program
2. Fully support and facilitate my child's involvement in the TRIO UB program
3. Attend TRIO UB activities involving parents during the year

### TRIO Upward Bound Staff Commitment – We Agree to:

1. Meet with each student on a regular basis, to provide information, tutoring, and activities that will help him/her to achieve his/her full potential
2. Seek parental input and involvement in Upward Bound activities
3. Work closely with parents/guardians and school personnel to ensure each student is receiving the best combination of services



STUDENT DEMOGRAPHIC INFORMATION

Please complete all items on the application. Incomplete applications will delay processing and student services.

Date \_\_\_\_\_ School \_\_\_\_\_

1. Last Name \_\_\_\_\_ First Name \_\_\_\_\_ M.I. \_\_\_\_\_

2. Social Security Number \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ *(required by U.S. Department of Education)*

3. Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

4. Parent/Guardian Telephone/Cell \_\_\_\_\_ Student Cell \_\_\_\_\_

5. Student Email \_\_\_\_\_

6. Current Grade (circle one) 9 10 11 12 School \_\_\_\_\_

7. Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex ☐ Female ☐ Male ☐ I identify as \_\_\_\_\_

8. Citizenship (*select one*)

a. ☐ U.S. Citizen

OR

b. ☐ Permanent Resident (*please attach a copy of your alien registration card or I-94 form*)

if born outside the U.S., please specify which country \_\_\_\_\_

9. Ethnicity/Race

a. Is the applicant Hispanic/Latino? ☐ Yes ☐ No

b. Please check all options that the applicant considers themselves (if any):

☐ American Indian/Alaskan Native

☐ Asian

☐ Black/African American

☐ Native Hawaiian/Pacific Islander

☐ White/Caucasian

☐ Other: \_\_\_\_\_

10. Is a language other than English spoken at home? (circle one) ☐ Yes ☐ No

(if yes, which language) \_\_\_\_\_

Office Use Only

Eligibility: ☐ FG ☐ LI ☐ Both ☐ Income Verification ☐ Transcript ☐ Essays ☐ Teacher Recommendation

Entry H.S. GPA \_\_\_\_\_ ☐ Standardized Test Score ☐ Parent Signature ☐ Student Signature

Director Approval: ☐ Yes ☐ No Initial \_\_\_\_\_ Database Entry By \_\_\_\_\_ Date \_\_\_\_\_



PARENT/LEGAL GUARDIAN INFORMATION

1. Who does student primarily live with? (parent(s), guardian(s), if other, explain) \_\_\_\_\_

2. Is the student currently in foster care? ☐ Yes ☐ No

3. Parent 1/Guardian 1 Information

Name \_\_\_\_\_ Cell \_\_\_\_\_

Home Phone \_\_\_\_\_ Employer \_\_\_\_\_

Email Address \_\_\_\_\_

4. Parent 2/Guardian 2 Information

Name \_\_\_\_\_ Cell \_\_\_\_\_

Home Phone \_\_\_\_\_ Employer \_\_\_\_\_

Email Address \_\_\_\_\_

BIOLOGICAL/ADOPTIVE PARENT INFORMATION

*UB is required to verify that our participants meet federal criteria based on educational background and household income level. All information will be kept confidential.*

1. Please indicate highest level of education completed by the **biological or adoptive parent**:

☐ Elementary ☐ High School ☐ College (if checked, indicate college/degree below)

2-year college, Institution Name \_\_\_\_\_ Certification or Associates in \_\_\_\_\_

4-year college, Institution Name \_\_\_\_\_ Level of Degree Awarded \_\_\_\_\_

2. Please indicate highest level of education completed by the **biological or adoptive parent**:

☐ Elementary ☐ High School ☐ College (if checked, indicate college/degree below)

2-year college, Institution Name \_\_\_\_\_ Certification or Associates in \_\_\_\_\_

4-year college, Institution Name \_\_\_\_\_ Level of Degree Awarded \_\_\_\_\_

**Certification and Signatures**

In order to best serve Upward Bound participants in the areas of educational planning and postsecondary enrollment, it is critical for Upward Bound personnel to have access to the following educational records. I give my permission for project administrators to request and receive any educational records regarding my child such as:

- Class schedules
- Transcripts/grades
- Scores for standardized achievement, college placement and diagnostic tests/assessments
- Discipline records
- Attendance records
- Graduation verification
- Special programs records (this includes all special services your student may receive, such as special education)
- Other reports or academic data required for admission and participation in the Upward Bound Program and necessary to provide effective services and track education outcomes for the applicant.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date



HOUSEHOLD INCOME INFORMATION  
(required by the U.S. Department of Education)

Student Name \_\_\_\_\_ School \_\_\_\_\_

**We cannot consider this application until this information is received.** This information determines eligibility for UB services. Please be as accurate and complete as possible. This will be kept confidential.

☐ I did complete an income tax return. I am including my taxable income from most recent taxes (income after all deductions). Look for the line stating “**Taxable Income**” or refer to IRS form 1040 line 43, or IRS Form 1040 A line 27, or IRS form 1040EZ line 6. *Please attach a signed copy of your parent/legal guardian’s most **recent federal income tax return**, showing taxable income. We only need the first 2 pages. If you did not file, we need proof of income (SSI) in the next section.*

Taxable income: \$ \_\_\_\_\_

**OR**

☐ **I DID NOT** file a tax return – please list parental monthly take home pay (complete table below).

**Non-Filers Information**

If you **DID NOT** file a Federal Income Tax Form, please complete the following information for the previous tax year.

Source of Income	Amount per Year
Social Security	
Temporary Assistance to Needy Families (TANF)	
SNAP (food benefits)	
Unemployment benefits	
Child support received	
Alimony	
Pension/Retirement/Disability Income	
Veteran’s benefits	
Free school lunch	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>TOTAL Income</b>	

Number of people supported by income (household size) \_\_\_\_\_

My signature verifies that this information is true and correct to the best of my knowledge:

\_\_\_\_\_  
Signature of parent/legal guardian

\_\_\_\_\_  
Date



**STUDENT NEEDS ASSESSMENT**  
*(to be completed by the applicant)*

This survey contains a number of statements about student needs. We ask students to give their honest opinion about how Upward Bound can meet your needs. Your answers will be kept confidential.

Student Name \_\_\_\_\_ School \_\_\_\_\_

	<b>Strongly Disagree</b>	<b>Disagree</b>	<b>Neutral</b>	<b>Agree</b>	<b>Strongly Agree</b>
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
1. I need to get better grades in school	1	2	3	4	5
2. I need to learn how to take better notes	1	2	3	4	5
3. I need to learn test-taking strategies and techniques	1	2	3	4	5
4. I need to develop strong study skills and habits	1	2	3	4	5
5. I need to learn how to read a textbook more effectively	1	2	3	4	5
6. I need to improve my math skills	1	2	3	4	5
7. I need to improve time management skills and habits	1	2	3	4	5
8. I need to know how to prepare for a career that interests me	1	2	3	4	5
9. I need to learn how to get involved in clubs and organizations	1	2	3	4	5
10. I need help visiting college campuses	1	2	3	4	5
11. I need to experience more cultural activities	1	2	3	4	5
12. I need to learn which classes are necessary for college	1	2	3	4	5
13. I need information on college prep courses and dual enrollment	1	2	3	4	5
14. I need to learn about college programs and degrees	1	2	3	4	5
15. I need to learn more about ACT/SAT testing	1	2	3	4	5
16. I need help applying to colleges	1	2	3	4	5
17. I need to learn more about filling out the FAFSA	1	2	3	4	5
18. I need to learn about searching for scholarships	1	2	3	4	5
19. What college(s) or university(ies) are you interested in attending	_____				
20. What are you interested in studying or majoring in?	_____				
21. Are you encouraged by your family to attend college?	_____				



This student is applying for admission to the Upward Bound Program at University of Alaska Anchorage. Upward Bound is a federally funded program designed to help develop the skills and motivation necessary for success in education among high school students from disadvantaged backgrounds. In order to qualify, students must have potential for success in post-secondary education in spite of academic or personal barriers. Students must also be low income and/or potential first-generation college graduates.

Student Name \_\_\_\_\_ School \_\_\_\_\_ Current Grade \_\_\_\_\_

1. Are you sufficiently familiar with the student's academic ability to assess it for TRIO Upward Bound?

2. ☐ Yes ☐ No (If you answer is "no", please return the form without completing the remainder)

3. How long have you known the student? \_\_\_\_\_ In what capacity? \_\_\_\_\_

4. Which of the following best describes this student's high school curriculum?

☐ Advanced Placement/College Prep ☐ General ☐ Remedial ☐ Vocational ☐ Other \_\_\_\_\_

5. Is the student on track for: UA Scholars ☐ Yes ☐ No ☐ Unknown

Alaska Performance Scholarship ☐ Yes ☐ No ☐ Unknown

6. To help us best serve the student's needs, please tell us if the student has a 504 or IEP in place? ☐ Yes ☐ No

7. Is the student receiving services from other ASD departments? ☐ CIT ☐ Migrant Ed. ☐ Indian Ed. ☐ ELL

8. How would you describe the student's attendance? ☐ Excellent ☐ Good ☐ Poor

9. Has the student ever been subject to school disciplinary action or suspension? ☐ No ☐ Yes (please explain)

Student Need	
<input type="checkbox"/> Low Achievement Test Scores	<input type="checkbox"/> Lack of confidence and/or self-esteem and/or social skills
<input type="checkbox"/> Low GPA	<input type="checkbox"/> Lack of opportunity, support, and/or guidance to take college prep courses
<input type="checkbox"/> Predominately low-income community	<input type="checkbox"/> Lack of career goals and/or need for accurate information on careers
<input type="checkbox"/> Diagnosed learning disability	<input type="checkbox"/> Interest in careers in math and/or science
<input type="checkbox"/> Low education aspirations	<input type="checkbox"/> Limited English proficiency
<input type="checkbox"/> Other _____	

<b>Cumulative GPA</b>	
<b>State test scores</b>	
▪ Math	
▪ Science	
▪ Reading	
▪ Writing	

Please indicate your recommendation of the student for participation in this program:

☐ Strongly Recommend ☐ Recommend

☐ Recommend with Reservations ☐ Don't Recommend

Comments: \_\_\_\_\_

Name \_\_\_\_\_ Signature \_\_\_\_\_

Title \_\_\_\_\_ Date \_\_\_\_\_