

# Mental Health Resources on UAA Campus

|   | Student Health and Counseling Center   | Psychological Services Center  | Student Development Counseling Support Services  |
|---|--|--|--|
| <b>Services:</b>                          |  |  |  |
| Individual Counseling                     | YES  | YES  | YES  |
| Group Counseling                          | YES  | YES  | YES  |
| Children and Adolescent Counseling        | NO   | YES  | NO   |
| Medication Management                     | YES  | NO   | NO   |
| Mental Health Education                   | YES  | YES  | YES  |
| Mental Health Screening Events            | YES  | NO   | YES  |
| Situational Crisis Management             | YES  | YES  | YES  |
| Academic and Student Success Counseling   | NO   | NO   | YES  |
| Drug and Alcohol Screening                | YES  | YES  | YES  |
| Substance Abuse Education                 | NO   | YES  | YES  |
| Disability Support Services Documentation | YES  | NO   | YES  |
| Provider Model                            | Nurse Practitioners, Licensed Counselors, Graduate Interns                             | Graduate Psychology Interns Supervised by Licensed Practitioners                         | Licensed & Faculty Counselors  |
| Therapy Model                             | BRIEF, 6 Sessions per semester   | BRIEF OR LONG TERM   | BRIEF, 8 Sessions per semester   |
| <b>Eligibility:</b>                       | UAA students enrolled in six or more credits   | UAA students with no minimum credit and the public                                       | UAA students with no minimum credit  |
| <b>Fees:</b>                              | No charge  | Low cost sliding fee schedule  | No charge  |
| <b>Information:</b>                       |  |  |  |
| Location                                  | Rasmuson Hall, Room 116 and Room 120   | Social Sciences Building, Room 255   | Student Union, Room 204  |
| Phone                                     | 907-786-4040   | 907-786-1795   | 907-786-6158   |
| Web                                       | <a href="http://www.uaa.alaska.edu/studenthealth">www.uaa.alaska.edu/studenthealth</a> | <a href="http://www.uaa.alaska.edu/psych/services">www.uaa.alaska.edu/psych/services</a> | <a href="http://www.uaa.alaska.edu/deanofstudents">www.uaa.alaska.edu/deanofstudents</a> |
| Fall and Spring Hours                     | Monday-Thursday 8am-7pm<br>Friday 8am-5pm  | Monday-Thursday 8am-8pm<br>Friday 8am-5pm  | By appointment   |
| Summer Hours                              | Monday-Friday 8am-5pm  | Please call for hours  | By appointment   |